

EMOTIONALLY FOCUSED THERAPY

2011

with

Sue Johnson

(on April 14-15, 2011)

Externship

(basic course)

Core Skills Advanced Training

(continuing course)

February 7 - 12, 2011

April 14 - 16, 2011

September 28 –October 6, 2011

Oisterwijk, the Netherlands

By Psyraad

in collaboration with
ICEEFT and Stichting EFT Nederland

Marital distress is the single most common reason for seeking therapy. It undermines family functioning and is strongly associated with depression and anxiety.

Emotionally Focused Therapy offers a comprehensive theory of adult love and attachment, as well as a process of healing relationships. This experiential - systemic therapy focuses on helping partners reprocess the emotional responses that maintain their negative interaction patterns.

Emotionally Focused Therapy is an integrative model, in which three perspectives are combined, the attachment theory, the intra-psychic or experiential perspective and the interpersonal or systemic perspective.

Emotionally Focused Therapy offers good results with couples. In other groups of clients the relapse percentage is lower than in other models. The effectiveness of EFT is proven in an increasing number of clinical studies around the world.

In EFT the role of the therapist is one of an emotionally engaged choreographer who learns the couple (again or for the first time) to dance. The focus on the here and now emotions of the partners requires an active and engaged therapist.

As a follow up to the success of the EFT training in 2009 and 2010, we organize a broad program for training in 2011, with consensus of the international EFT-organisation ICEEFT and Stichting EFT Nederland.

Professor Scott Woolley (San Diego), Lisa Ruderman (San Diego) and Yolanda von Hockauf (Vancouver), will lead the training effort in the Netherlands, joined by professor James L. Furrow from Los Angeles.

Psyraad is pleased to organize an Externship and Advanced Core skills Training for those who desire an introduction to EFT and those who want to further their knowledge and skills.

Scott R. Woolley, Ph.D. is professor and director of the marital and family therapy masters and doctoral programs in the Californian School of Professional Psychology at Alliant International University in San Diego and Irvine, California. He has a clinical specialization in couple therapy and MFT supervision and has trained mental health professionals around the world i.e. Finland, Japan, Taiwan, Canada. In recent years he closely works together with Sue Johnson in Externships, Advanced training, lectures, consultation and supervision. He publishes regularly in the Journal of Marital and Family Therapy and the American Journal of Family Therapy.



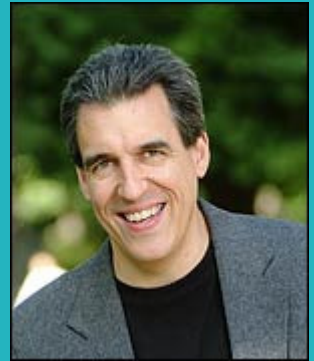
Yolanda von Hockauf, M.Ed., R.M.F. T. is a registered marriage and family therapist. She is a clinical member of the American Association for Marriage and Family Therapy (AAMFT) and an AAMFT- approved supervisor. Yolanda's first training in EFT was in 1983 at the University of British Columbia as a participating therapist in the original research study on EFT by Drs. Leslie Greenberg and Susan Johnson, and she has been successfully using this model in her practice ever since. For the past 20 years, Yolanda has been sought after as a trainer, consultant and supervisor to students and clinicians for her expertise in individual, couple and family therapy.



Lisa Ruderman is a Licensed Marriage and Family Therapist, and a Certified Emotionally Focused Therapist, Supervisor and Trainer. Ms. Ruderman is an AAMFT clinical member and AAMFT Approved Supervisor, and a clinical member of CAMFT. Ms. Ruderman was fortunate to have trained with Dr. Susan Johnson, founder of EFT, and with Dr. Scott Woolley, Director of the MFT Masters and Doctoral Programs at Alliant International University in San Diego, California. He is also the founding executive Director for the TRI EFT, Training Research Institute for Emotionally Focused Therapy at Alliant. Ms. Ruderman was a co-founder for the San Diego Center for Emotionally Focused Therapy, an Adjunct Faculty instructor at Alliant International University, and an Affiliate EFT Trainer.



James L. Furrow, Ph.D, is professor at the Department of Marital, relational, couple and Family Therapy at the School of Psychology in Pasadena, California. He is a fellow board of the research center of development of children and adolescents, registered couple and family therapist, EFT therapist, supervisor en trainer. He has trained EFT for many years in the West and Middle of the USA and he has several publications and presentations on his name.



The trainers are assisted by Barbara Kohnstamm, Karin Wagenaar, Hanna Pinomaa (from Finland), Berry Aarnoudse and Jaap Kool.

Program

Externship

In the four days of the basic training, you will be introduced to EFT and will expand your knowledge and skills. The four days course is split in half i.e. two days in February and two days in April 2011. During the Externship you will understand partner relationship problems with help of attachment theory and be introduced to the skills that make EFT effective.

Day 1 The field of couple therapy: Emotionally Focused Therapy worldwide. Discussion

Day 2 Case Presentation, Live Session, Tape Review or Case Role-play. Assessment and working relations. Discussion.

Day 3 Case Presentation, Live Session, Tape Review, Analysis, demonstration and Role-play, stages and Interventions. Discussion

Day 4 Emotionally Focused Therapy with Different Couples – Trauma and Attachment Injuries. Discussion.

Core Skills Advanced Training

The Core Skills Advanced Training is an intensive training of skills, requiring eight days of training. Four days are in February 2011 followed by four days in April and/or September 2011. Beside these four days we offer a Core Skills Advanced Training split in half i.e. two days in February and two days in April 2011.

This training is designed for therapists who completed the Externship and work with couples in their daily practice. The participants are expected to read the book “Creating Connections” by Sue Johnson prior to the training and presentation of their video-sessions. The group will be limited to 15 participants.

The eight days of training will methodically cover all steps and stages of the EFT process including:

- deepening the stages and steps of the EFT process.
- instruction and repetition of EFT interventions.
- discussion of cases
- practice and demonstration with role-play
- supervision on cases from daily practice.

Supervision

For those who are applying for international certification, it is possible to enroll in EFT supervision training.

In the Netherlands there are two EFT therapists registered as EFT supervisor. Supervision mainly for groups is offered. Individual supervision training is optional. Long distance group supervision with trainers from the US and Canada is possible too.

You will find more information on qualification and registration on the websites www.ICEEFT.com and www.psyraad.nl

Dates

Externship

February 11-12 and April 14-15, 2011
Four days basic course Externship (splitted)
with prof. dr Sue Johnson and prof. Scott R. Woolley

Prof. dr Sue Johnson will be present on April 14 - 15 , 2011 and she is doing a live session !

Core Skills Advanced Training

February 7-10, 2011
Four days Core Skills Advanced training part one and two
By Prof. Scott Woolley, ms Lisa Ruderman, ms. Yolanda von Hockauf or Prof. Jim Furrow

February 11-12 and April 15 - 16, 2011
Four days Core Skills Advanced training part one and two (split)
By ms. Lisa Ruderman, ms. Yolanda von Hockauf or mr. Jim Furrow

Participants can indicate preference for the trainer on the application form.

** The course dates in September/ October will be announced soon.*

Core Skills Advanced training part 3

September 28- October 1, 2011 and October 3 – 6, 2011

Core Skills 3 training is an opportunity for those who have done Core Skills Training 2 and want to improve their skills on EFFT, Handling of third parties in relationships, Trauma etc.
By ms Lisa Ruderman, M.A. MFT, prof. James L.Furrow, PhD, Prof. Scott R. Woolley, ms.Yolanda von Hockauf, M.Ed.,

International Conference on April 19 and

Some information:

Speakers: Sue Johnson, Jon Allen Phill Shaver, Mario Mikulincer, Jim Coan, Dan Siegel.
Price for the whole program will be € 545,= for participants from Countries: Austria, Belgium, Denmark, France, Germany, Italy, Luxembourg, Netherlands, Norway, Sweden and Switzerland. Participants from other countries pay € 425. This includes all the conference, lunches, drinks, dinner and after party. Please go to www.creatingconnections.nl , there you will find further information.

Location

Cultureel Centrum Tiliander
Sporlaan 82c, 5061 HD Oisterwijk tel: 013-521722

Parking is available.

Tiliander is located within walking distance (300m) of bus, train and lodging.

Lodging

If you plan to stay overnight in Oisterwijk, please notify us and we will send you lodging information.

Costs

Four days Externship	€ 875,-
Four days Core Skills Advanced training	€ 965,-

All courses include training manual, coffee, tea, soft drinks, snacks, lunch and reception.

Registration

The training is designed for psychotherapists, psychologist, social workers and counselors who work with couples and families.

Register through our website www.psyraad.nl. Download a registration form. On the form you can indicate which training you wish to attend. Send the registration form to EFT2011@psyraad.nl.

Problems? Contact Jaap Kool /Berry Aarnoudse by email at EFT2011@psyraad.nl.

Applications must be received on/before January 15, 2011.

Your registration is effective when the application fee is received at account **14.39.78837** L. Aarnoudse e.o. J. Kool (Mention EFT 2011 on your payment).
IBAN number **NL79RABO 0143 9788 37** . BIC-code: **RABONL2U**.

Cancellation penalties

Refund requests must be made in writing:

before December 1 2010: € 40,= administration fee non-refundable
December 1, 2010 - January 15, 2011: 50% refund
From January 15, 2011 onwards: no refund

For Core Skills 3

Refund requests must be made in writing:

before August 1 2011: € 40,= administration fee non-refundable
August 1, - September 1, 2011: 50% refund
From September 1, 2011 onwards: no refund